COURSE DESCRIPTION

Compelling Conversations

Develop your communication style by leveraging your MBTI®



Leadership Strategies

WHY IT WORKS

Communication is essential in building and maintaining relationships. Compelling conversations are a natural biproduct of healthy communication, requiring both speaking and listening.

LEARN HOW TO

This workshop helps participants identify and understand their own and others' communication style based on MBTI[®] type and practice their skills to communicate more effectively.*Requires completion of MBTI[®] 1: Know Thyself Workshop.

IDEAL FOR

- Self-understanding and individual development
- Team building
- Management and leadership training
- Coaching
- Organizational development
- Diversity and multicultural training
- Problem solving
- Career development and exploration
- Academic counseling
- Education and curriculum development

DURATION

Half-Day

FORMAT

Virtual In-person

OBJECTIVES

- Self-assess your current communication style
- Increase your understanding of differences in communication styles
- Develop greater awareness of the impact of personality type when communicating
- Identify where you may need to adjust your communication style to maximize your impact
- Practice the skills of communicating effectively
- Create a personal action plan that encourages follow-through to enhance communication

AGENDA

Half-Day

- Welcome, Session Overview & Introductions
- Raising Awareness: Your Communication Style
- MBTI[®] Refresher
- Effective Communicating
- Starting the Conversation
- Identifying and Adapting Your Communication Style
- Break
- Focus of the Conversation
- Putting it into Practice
- Action Planning Putting it All Together
- Session Close, Review, Next Steps

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Give us a call when you're ready to Level Up!

